

Worksheet: Planning Care for In-Laws

1. Who are my elderly in-laws?

2. What are their needs at the current time?

3. What are their needs going to be a year from now? In five years?

4. How will their needs change in the future? _____

5. What family help is available now? _____

6. What family help might become available in the future?

7. What resources do we have now?

Financial _____

Social _____

Religious _____

Psychological _____

Other _____

8. How might our resources change in the next five years? (For example, anticipated college expenses, our own retirement plans, etc.)

9. What type of care would our in-laws prefer? (Example: living in an apartment with a housekeeper, living in our home)

10. How do their plans fit with our needs and situation?

11. How can we provide this care?

12. If not, what compromise can we reach? _____
