

Write about your heroes and explain why you look up to them.

## Heroes and Heroines

A hero or heroine is a person who has shown great courage through his or her actions and beliefs. In this activity, you will write about a hero/heroine you know personally and/or a hero/heroine who is famous. (For example, this may be someone you have read about or seen on television.)

- Decide *who* you'd like to write about.
- Describe *what* this person has done or achieved that makes you admire him or her.
- Explain *why* you admire or look up to this person.
- Describe a couple of things *you could do* that would make your hero proud of *you*. (For example, if your hero is Martin Luther King, Jr. you could try to be like him by settling arguments peacefully with words, rather than by fighting.)

A Hero/Heroine I Know: \_\_\_\_\_

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A Famous Hero/Heroine: \_\_\_\_\_

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