

Month-by-Month Developmental Milestone Chart



Your baby's first year is one of the most exciting and amazing times for you to watch her grow. Print this developmental milestone chart, and check off each milestone as your little one grows into her first year of life. It's important to remember that babies develop at different rates, and this printable represents general guidelines. If you are concerned your baby is not meeting certain milestones on time, talk to your child's doctor.

1 month

- Makes eye contact and stares at faces
- Responds to parent's voice
- Lifts head while lying on tummy
- Moves head from side to side while lying on tummy
- Follows objects briefly with eyes
- Begins to coo, gurgle, and make other vocal sounds
- Makes equal movements with hands and feet

2 months

- Coos, gurgles, and makes other vocal sounds
- Sees black and white patterns
- Follows objects across field of vision
- Discovers hands
- Holds head up for short periods of time
- Smiles and laughs
- Briefly grasps and holds objects placed in hand

3 months

- Smiles and laughs
- Holds head steady
- Imitates some movement and facial expressions
- Brings hand to mouth
- Blows bubbles
- Knows parent's face
- Lifts head and shoulders when lying on tummy
- Supports upper body with arms when lying on tummy

4 months

- Begins reaching
- Uses arms simultaneously
- Grasps and releases toys
- Brings hands together
- Relaxes and opens hands at rest
- Bears weight on legs
- Coos and makes noise when spoken to
- Rolls over from tummy to back

5 months

- Reacts & turns towards sounds and voices
- Grasps smaller objects
- Rolls over in both directions
- Plays with hands and feet
- Begins "creeping"
- Supports body weight on legs when held in standing position
- Reaches with one hand
- Transfers objects from hand to hand

6 months

- Imitates sounds
- Begins eating solid foods
- Sits without support
- Picks up dropped objects
- Sits in high chair
- May start teething (this can occur from 4-7 months of age)
- Enjoys hearing own voice
- Vocalizes to mirror and toys
- Begins to make sounds that resemble one-syllable words

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7 months

- Responds to name
- Uses voice to express joy and displeasure
- Finds objects that are partially hidden
- Explores with hands and mouth
- Drags objects towards self
- May start crawling (this can occur from 6-10 months of age)
- Jabbers and combines syllables
- Enjoys social play

8 months

- Says “mama” and “dada” to both parents (not specific)
- Stands with support or while holding onto something
- Crawls
- Points at objects
- Turns away when finished eating

9 months

- Begins “cruising” along furniture
- Drinks from a sippy cup
- Begins to eat with fingers
- Begins to bang objects together
- Displays separation and stranger anxiety
- Combines syllables into word-like sounds

10 months

- Waves goodbye
- Eats well with fingers
- Picks objects up with pincer grasp
- Begins understanding the word “no”
- Says “mama” and “dada” to the correct parent
- Stands alone momentarily

11 months

- Plays patty-cake and peek-a-boo
- Begins to imitate others
- Stands alone for a couple of seconds
- Cruises
- Claps hands
- Puts toys into containers
- Indicates wants with gestures other than crying
- Understands simple instructions

12 months

- Says one word other than “mama” and “dada”
- Imitates others’ sounds and activities
- Pulls off socks
- Stands well; may begin to walk
- Uses exclamations like “Uh-oh!”
- Begins to use objects correctly