

# Nutrition – Scrambled Words II

Name \_\_\_\_\_

Date \_\_\_\_\_

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Unscramble the letters to correctly spell out a word.

1. tavrse \_\_\_\_\_

2. lqiudi \_\_\_\_\_

3. rainot \_\_\_\_\_

4. rcaeoil \_\_\_\_\_

5. avntmii \_\_\_\_\_

6. engrvsi \_\_\_\_\_

7. ttninlirumoa \_\_\_\_\_

8. eitptepa \_\_\_\_\_

9. vluetoiana \_\_\_\_\_

10. eilfbe \_\_\_\_\_

11. etalyhh \_\_\_\_\_

12. dotigsnie \_\_\_\_\_

13. leam \_\_\_\_\_

14. inadermoot \_\_\_\_\_

15. ewehgvorit \_\_\_\_\_

16. getwhi \_\_\_\_\_

17. esleltocroh \_\_\_\_\_

18. whorgt \_\_\_\_\_

19. nopriptoro \_\_\_\_\_

20. liayutq \_\_\_\_\_

21. hlsceedu \_\_\_\_\_

22. eocirrges \_\_\_\_\_

23. rgam \_\_\_\_\_

24. emrinal \_\_\_\_\_

26. bhaeroaydcrt \_\_\_\_\_

27. rcpeie \_\_\_\_\_

28. otipnre \_\_\_\_\_

29. rtopnoi \_\_\_\_\_

30. icamcul \_\_\_\_\_

31. dcgeiunlne \_\_\_\_\_

32. onir \_\_\_\_\_

33. tearvganei \_\_\_\_\_

34. diunenouehsdr \_\_\_\_\_

35. nqattuiy \_\_\_\_\_
36. gii eidnosnt \_\_\_\_\_
37. iturnotin \_\_\_\_\_
38. htbia \_\_\_\_\_
39. estta \_\_\_\_\_
40. bisotmlame \_\_\_\_\_

Word List

- |            |             |                |              |
|------------|-------------|----------------|--------------|
| portion    | weight      | indigestion    | moderation   |
| gram       | starve      | Undernourished | carbohydrate |
| recipe     | quality     | iron           | vegetarian   |
| habit      | cholesterol | calorie        | malnutrition |
| liquid     | ration      | groceries      | proportion   |
| calcium    | quantity    | balance        | overweight   |
| healthy    | evaluation  | protein        | growth       |
| appetite   | mineral     | meal           | serving      |
| nutrition  | metabolism  | schedule       | belief       |
| indulgence | digestion   | taste          | vitamin      |

# Nutrition – Scrambled Words II (Answer Key)

Name \_\_\_\_\_

Date \_\_\_\_\_

Unscramble the letters to correctly spell out a word.

1. tavrse starve
2. lqiudi liquid
3. rainot ration
4. rcaeoil calorie
5. avntmii vitamin
6. engrvsi serving
7. ttninlirumoa malnutrition
8. eitptepa appetite
9. vluetoiana evaluation
10. eilfbe belief
11. etalyhh healthy
12. dotignsie digestion
13. leam meal

14.	inadermoot	<u>moderation</u>
15.	ewehgvorit	<u>overweight</u>
16.	getwhi	<u>weight</u>
17.	esleltocroh	<u>cholesterol</u>
18.	whorgt	<u>growth</u>
19.	nopriptoro	<u>proportion</u>
20.	liayutq	<u>quality</u>
21.	hlsceedu	<u>schedule</u>
22.	eocirrges	<u>groceries</u>
23.	rgam	<u>gram</u>
24.	emrinal	<u>mineral</u>
25.	ncbaela	<u>balance</u>
26.	bhaeroaydcrt	<u>carbohydrate</u>
27.	rcpeie	<u>recipe</u>
28.	otipnre	<u>protein</u>
29.	rtopnoi	<u>portion</u>

30. icamcul calcium
31. dcgeiunlne indulgence
32. onir iron
33. tearvganei vegetarian
34. diunenouehsdr undernourished
35. nqattuiy quantity
36. gii eidnosnt indigestion
37. iturnotin nutrition
38. htbia habit
39. estta taste
40. bisotmlame metabolism

## Word List

portion	weight	indigestion	moderation
gram	starve	undernourished	carbohydrate
recipe	quality	iron	vegetarian
habit	cholesterol	calorie	malnutrition
liquid	ration	groceries	proportion
calcium	quantity	balance	overweight
healthy	evaluation	protein	growth
appetite	mineral	meal	serving
nutrition	metabolism	schedule	belief
indulgence	digestion	taste	vitamin