

Project: A Cross-Stitch Heart

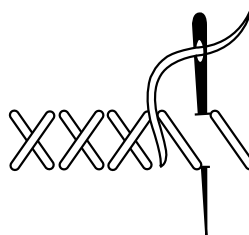
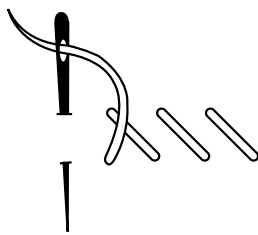
Level: Easy

Age: 5 and up

Materials needed: Embroidery needle (size depends on age and medium used), embroidery floss or yarn, perforated canvas or cross-stitch material

Directions:

1. Look at the following pattern and notice the number of Xs in each line. (The first line has two Xs, followed by a space, followed by two Xs; that means you will complete two cross-stitches, skip one stitch, and then complete two more.)
2. Find a starting point on your perforated canvas or material and make a complete cross-stitch.



How to make a cross-stitch.

3. Make the next stitch beside it, skip a stitch, and make two more side by side. That completes your first line.
4. Follow the pattern for lines 2 through 5. You have now complete your first counted cross-stitch pattern!

line 1	XX XX
line 2	XXXXXXXX
line 3	XXXXX
line 4	XXX
line 5	X