

Record number of minutes of active sucking on each side, and the number of wet and dirty diapers your baby has each day.

	BREASTFEEDING CHART Date: _____			BREASTFEEDING CHART Date: _____			BREASTFEEDING CHART Date: _____			BREASTFEEDING CHART Date: _____		
Time of Day	Minutes/Side (Left/Right)	Number of Urines/Stools	Comments	Minutes/Side (Left/Right)	Number of Urines/Stools	Comments	Minutes/Side (Left/Right)	Number of Urines/Stools	Comments	Minutes/Side (Left/Right)	Number of Urines/Stools	Comments
MNight	/	/		/	/		/	/		/	/	
1:00	/	/		/	/		/	/		/	/	
2:00	/	/		/	/		/	/		/	/	
3:00	/	/		/	/		/	/		/	/	
4:00	/	/		/	/		/	/		/	/	
5:00	/	/		/	/		/	/		/	/	
6:00	/	/		/	/		/	/		/	/	
7:00	/	/		/	/		/	/		/	/	
8:00	/	/		/	/		/	/		/	/	
9:00	/	/		/	/		/	/		/	/	
10:00	/	/		/	/		/	/		/	/	
11:00	/	/		/	/		/	/		/	/	
Noon	/	/		/	/		/	/		/	/	
1:00	/	/		/	/		/	/		/	/	
2:00	/	/		/	/		/	/		/	/	
3:00	/	/		/	/		/	/		/	/	
4:00	/	/		/	/		/	/		/	/	
5:00	/	/		/	/		/	/		/	/	
6:00	/	/		/	/		/	/		/	/	
7:00	/	/		/	/		/	/		/	/	
8:00	/	/		/	/		/	/		/	/	
9:00	/	/		/	/		/	/		/	/	
10:00	/	/		/	/		/	/		/	/	
11:00	/	/		/	/		/	/		/	/	