



# Morning Routine Checklist

## For Kids

- Make bed
- Eat a healthy breakfast
- Brush teeth
- Wash hands and face
- Get dressed
- Organize Backpack
  - Homework
  - Notebooks
  - Schoolbooks
  - Lunch or lunch money
  - Pens and pencils
  - Signed forms or slips
  - Other projects
- Put on socks, shoes, and jacket
- Catch the bus

## For Parents

- Wake up kids
- Prepare and serve breakfast
- Prepare lunch or lunch money
- Check backpacks
  - Sign permission slips or other forms
- Drive kids to school/ Bus stop

**Have a nice day!**