

Diaper Bag Essentials

- ___ One diaper for every hour you will be out, plus a few more
- ___ Package of baby wipes
- ___ Diaper cream
- ___ Changing pad
- ___ 1 or 2 complete outfit changes
- ___ Extra socks
- ___ Sun hat/Cold weather hat
- ___ Plastic bags for dirty clothes and cloth diapers
- ___ Bottle or sippy cup
- ___ Formula (if needed)
- ___ Nursing cover (if needed)
- ___ Baby food and baby spoon (if needed)
- ___ Container of snacks
- ___ Burp cloths and bibs
- ___ Receiving blanket
- ___ Pacifier(s)
- ___ Teething rings
- ___ Infant ibuprofen/antihistamine
- ___ Sunblock for baby
- ___ Favorite toy and comfort object
- ___ Bottled Water
- ___ Hand sanitizer
- ___ Index card with your name and number if your bag gets lost
- ___ Baby's insurance card

