

Back-to-School Checklist

Communication with the School

- ___ Attend any open houses or orientations to meet the teacher
- ___ Fill out emergency contact sheet and any other required forms
- ___ Make sure your child is up-to-date on immunizations and check-ups
- ___ Notify school of any allergies or health problems your child has
- ___ Review school dress code
- ___ Review school holiday schedule
- ___ Register for any after-school sports and activities

Back-to-School Shopping

- ___ Check school website for list of required materials
- ___ Buy school supplies
- ___ Buy backpack
- ___ Buy lunch box
- ___ Buy uniforms, gym clothes, and other required clothing
- ___ Buy basic wardrobe necessities, including shoes
- ___ Buy needed equipment or supplies for sports and activities

Transportation

- ___ Review bus route and areas of drop off and pick up (if applicable)
- ___ Arrange carpool schedule (if applicable)
- ___ Walk route to school with your child (if applicable)
- ___ Arrange back-up transportation in case of emergencies

Meal-Planning

- ___ Plan and shop for bag lunches and snacks (if applicable)
- ___ Arrange payment for school lunches (if applicable)
- ___ Plan and shop for weeknight dinners

Miscellaneous

- ___ Take your child for a back-to-school haircut
- ___ Arrange after-school care (if applicable)
- ___ Get back into earlier bedtime/morning routines
- ___ Enjoy the final days of summer!

